



COLLECTION INSTRUCTIONS

TEST NAME

MINIMUM VOLUME

A

PLASMA

TGFb1, VEGFA, C4a, C3a, a-MSH, ADH

B

SERUM

MMP 9, Leptin ELISA, Osmolality

4 mL each tube

INSTRUCTIONS A

1

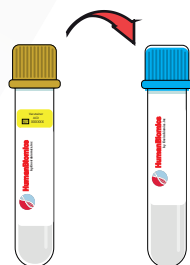
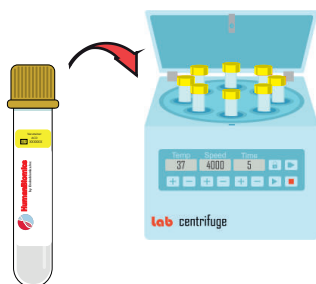
For Plasma, draw the blood sample using a **Yellow ACD tube**.
Centrifuge at 1,500 rpm

2

Transfer into transport tube, and freeze -20 C.

3

Keep at -20°C until testing.
Shipping before 5 days.



INSTRUCTIONS B

1

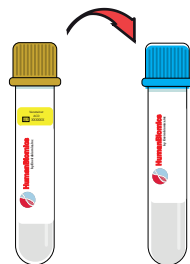
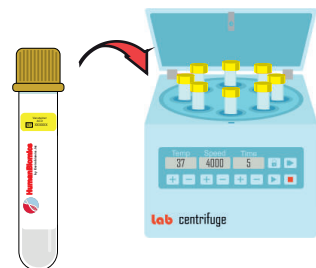
For Plasma, draw the blood sample using a **Yellow Gel Barrier tube**.
Centrifuge at 1,500 rpm.

2

Transfer into transport tube, and freeze -20 C.

3

Keep at -20°C until testing.
Shipping before 5 days.



Specimen Container

Transport Temperature and Shipping

Specimen Stability

Reject Criteria

A

Yellow tube plasma collected in ACD

B

Yellow Serum Gel barrier tube

Refrigerated (cold packs)
Overnight

Frozen: 21 days
Room temperature: 4 hours
Refrigerated: 24 hours
Frozen: 30 days

Room temperature
Hemolysis Grossly lipemic
Specimens with particulate matter or microbial contamination
Specimens outside of listed stability